

The 100-Mile Diet: A Year Of Local Eating By Alisa Smith;J.B. Mackinnon

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ISBN: 0679314822 : 9780679314820: OCLC Number: 74028846: Description: 266 p. ; 22 cm. Other Titles: One hundred mile diet: Responsibility: Alisa Smith & J. B. MacKinnon.

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a concept first published in the book The 100-Mile Diet: A Year of Local Eating As Alisa Smith and J.B. MacKinnon go on of the 100-, 500-, and 1000-mile

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Living on the 100-Mile Diet. Eating a truly local diet for a year poses some tricky questions. First in a series. By Alisa Smith and J.B. MacKinnon, 28 Jun 2005

100- mile diet: a year of local eating by j. b.

Alisa Smith, a Vancouver-based freelance writer who has been nominated for a National Magazine Award, has been published in Outside, Explore, Canadian Geographic

Plenty (the 100- mile diet) by alisa smith, j. b.

Canada as 100 Mile Diet: A Year of Local Eating, recipes by Alisa Smith, J.B. Mackinnon. Home; About; Cookbooks; Archives; Favorite Cookbooks; Contact; Plenty

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Alisa Smith and J. B. MacKinnon's idea of Random House published the hardcover version on 12 March 2007 in Canada as The 100 Mile Diet: A Year of Local Eating and

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Eating Locally on the 100-Mile Diet by Smith, alisa smith mackinnon, Eating Locally on the 100-Mile Diet. Smith, Alisa; Mackinnon, J.B.

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Kitsilano couple Alisa Smith and J.B. MacKinnon vow to eat only local food for a year Eating Local: The 100 Mile Diet. 100 mile diet, james mackinnon, alisa

J.b. mackinnon

J.B. MacKinnon Independent journalist and author whose works include The 100-Mile Diet, a bestseller that helped catalyze the local foods movement. home; Books;

J. b. mackinnon - wikipedia, the free

MacKinnon, J. B.; Smith, Alisa (2007). *The 100-Mile-Diet: A Year of Local Eating*. Vintage Canada.

Plenty: eating locally on the 100- mile diet:

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The 100-Mile Diet: A Year of Local Eating they made a pact to eat only foods sourced within a 100-mile radius of their home for one year. Alisa Smith is a

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"eating local" is a buzz phrase for eating for a healthier you and planet. But for 100-Mile Diet authors, Alisa Smith and J.B. 100 mile diet, one hundred mile

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The 100-Mile Diet: A Year of Local Eating, a book by Vancouver authors J.B. MacKinnon and Alisa Smith that has kick-started a national debate about locally grown food

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